

Dance Express & Tumbling Competition Crew

Basic Info

We plan to attend 4 Regional Competitions- 3 in St Louis/1 in Branson

We are continuing this year with one out of town competition...our 4th Competitions will be a Branson Competition. We are doing this vs a summer Nationals in effort to avoid all the summer conflicts for our families.

Competition Crews Opportunity- Competition Dance and Acro Teams for ages 6 and up

Auditions or invitation required end of May

| Teams | Days of Competition Class a week | Number of Routines they compete |
|--|----------------------------------|-----------------------------------|
| Petites Dance | One Day a week- One hour a week | One (3 comps in StL Only) |
| Minis Dance | 2 days a week 1.5-3 hrs a week | 1-2 Jazz- Lyrical if auditions |
| Juniors Dance | 2 days a week 2-3 hours a week | Two- Jazz/Lyrical |
| Tweens Dance | 2 days a week 2.5-4 hours a week | Two- Jazz/Contemporary |
| Teens Dance | 2 days a week 2.5-4 hours a week | Two- Jazz/Contemporary |
| Additional Dance Genres | | |
| Hip Hop (ages 7 and up) | 1 day a week, 30 mins a week | One |
| Musical Theater (ages 8 and up, must be on a Dance Team too) | 1 day a week, 30 mins a week | One |
| ACRO | | |
| Acro Teams | 1 day a week, 1.5-2 hrs a week | One |
| Stretch and Strength class | Encouraged for all teams | Required for Juniors-Tweens-Teens |

Summer tech camp (summer) with Lisa \$100, Acro Choreo September.

Choreography fee- \$125 per competition routine -(Aug)

ACRO/TUMBLING Crew Opportunity-

- Attend classes 1 class a week Currently 1.5-2 hour class. Closer to Comp time there may be a second class added if needed.
- 2nd tumbling class a week offered for Competition tumblers only

ALL OUR TEAMS -

BASIC TEAM REQUIREMENTS:

- A positive attitude, big smile, a good work ethic, and dedication
 - A one-year commitment to the Dance Express & Tumbling Competition crew
 - Attend all rehearsals - very important to the success of our team as a whole, if mandatory attendance is not maintained you may be pulled from a routine or possibly required to pay for private classes to make up for missed time. If absent within 3 weeks of a competition, we have the right to have an alternate to stand in.
 - Attend all full team competitions - dates will be given as early as possible in the season to allow for planning and scheduling - please remember you are committing to the team for the year and it is important all team members are in each and every performance. 3 will be in St Louis. 1 will be in Branson. All will be mandatory.
 - Extreme focus, discipline and dedication in comp rehearsals and technique classes if a must. This is a very disciplined class environment.
 - Have an encouraging team attitude and maintain a drama free zone at the studio at all times - Competition should bring out the best in a student's talent, build self-image, develop personality, character, perseverance, and foster friendships - Just remember At Dance Express & Tumbling we forget negativity, gossip, put downs, destructive criticism and cliques! The studios should be your happy, safe place. Just Choose Kind! Lift each other up! • Always know you are **very important**
 - Dress Code will be enforced. Spandex shorts/capris, black Leo or tight crop top.... or the DET Workout Uniform.
- After auditions and group placements Dance Express & Tumbling will place students in the classes they deem as the best fit. These are non-negotiable placements as our staff strives to pull the best teams together. Our goal is for teams to develop a bond, grow together technically, be a strong team....it is not ideal to mix teams up each year. We will move students around if we feel it is absolutely necessary.

- We will offer Butter Braid Fundraiser, Pizza Sales Fundraiser, Mums, Sweatshirts etc...and a parent booster can decide if they would like to fundraise any extras. Parent Comp Boosters will handle this.
- We will have multiple levels of classes of competition groups starting at age 5.
- Supplies reused each year...Team Makeup Colors (reused yearly), Competition Crew Shirt \$18 (new each year will list team names on back) o Costume per dance is typically around \$80. Tights can be \$11. Comp Fees- approximately \$65 a routine per competition
- Students 8 and under can only be in 3 competition routines unless Lisa approves otherwise.

AUDITIONS!

Come audition for our sixth season of Dance Express and Tumbling's Competition Team!

Address- 40 Triangle Dr, Ste. Genevieve MO

CLINIC- MAY 8TH

5th Grade & Younger

- Jazz & Lyrical 4:30-5:30 PM
- Hip Hop 5:30-6 PM
- Acro 6-6:30 PM

6th Grade & Older

- Jazz & Contemporary 6:30-7:30 PM
- Hip Hop 7:30-8 PM
- Acro 6-6:30 PM

AUDITIONS- MAY 23rd

5th Grade & Younger

- Jazz & Lyrical 4:30-5:30 PM
- Hip Hop 5:30-6 PM
- Acro 6:00-6:30 PM

6th Grade & Older

- Jazz & Contemporary 6:30-7:00 PM
- Hip Hop 7:00-7:30 PM
- Acro 7:30-8:00 PM

Audition Fee: \$20 Dance - \$20 HipHop - \$20 Acro

DETAILS-

- Hair: Low Slick Pony • Attire: All Black • All audition combos will be taught at clinic

Register: www.danceexpressstudio.com

To join us for auditions, please fill out the following google form. It includes all the links to sign up for the specific auditions and tell us what you are interested in for 23-24!

If you would like to sign up for auditions, please follow this link and complete the info:

<https://forms.gle/B5K7Y4rujuTsKM379>